

Sriracha Sour Cream Dipping Sauce

Ingredients:

- 1 cup low-fat sour cream
- 1 tablespoon Sriracha, or to taste
- ½ teaspoon lemon juice
- ½ teaspoon salt

- ½ teaspoon no-salt Creole seasoning

Instructions:

1. Combine all ingredients in a bowl.

Source: LSU AgCenter

Serves: 8

Prep Time: 5 minutes

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at LSUAgCenter.com/BuildAHealthyMeal.*

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Nutrition Facts

8 servings per container

Serving size 2 tablespoons

Amount per serving

Calories **45**

% Daily Value*

Total Fat 3.5g **4%**

Saturated Fat 2g **10%**

Trans Fat 0g

Cholesterol 10mg **3%**

Sodium 150mg **7%**

Total Carbohydrate 3g **1%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 1g

Vitamin D 0mcg **0%**

Calcium 44mg **4%**

Iron 0mg **0%**

Potassium 74mg **2%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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